

GOFF JUNIOR HIGH SCHOOL

Student Chart _____
Student Chart M - D.5.1

2007-2008 STUDENT REPORTS OF HEALTH CARE, NUTRITION, AND SLEEP BY GRADE LEVEL

	Grade level								
	Overall			7th			8th		
	97-98	06-07	07-08	97-98	06-07	07-08	97-98	06-07	07-08
If you are sick, where do you usually see your doctor or nurse?									
I do not have a regular doctor or nurse	8	9	7	6	6	7	9	11	6
Doctor's office	71	74	76	72	76	75	75	72	78
Community health clinic	8	6	7	9	8	6	8	4	8
Emergency room/hospital	6	6	5	7	3	6	4	9	4
Other health care facility	6	5	5	6	7	7	5	3	4
During the past week, on how many days did you eat breakfast?									
0 days	15	15	14	14	13	13	18	15	15
1-2 days	23	23	24	22	21	21	25	25	26
3-4 days	14	15	9	13	14	9	16	16	8
5-6 days	6	10	8	4	9	8	5	11	9
Everyday	43	37	45	46	43	48	36	32	41
Think about all the meals and snacks you ate yesterday. How many servings of vegetables/fruits did you eat yesterday?									
I did not eat any yesterday	18	24	23	17	25	21	17	23	25
1 or 2 servings	46	44	44	48	37	42	49	51	47
3 or 4 servings	26	23	26	23	26	32	27	19	21
5 or more servings	11	9	7	12	12	6	7	7	7
How many hours of sleep do you get on a typical school night?									
5 hours or less	12	13	11	13	13	8	8	11	12
6 hours	12	13	11	8	8	6	15	18	17
7 hours	22	25	23	19	25	24	28	25	23
8 hours	30	30	36	30	31	37	33	30	36
9 or more hours	24	19	19	29	22	25	17	16	12

Note: This table can be disaggregated by gender or ethnicity.