

SAMUEL SLATER JUNIOR HIGH SCHOOL

Student Chart _____
Student Chart M - D.5.3

2007-2008 STUDENT REPORTS OF HEALTH CARE, NUTRITION, AND SLEEP BY LUNCH STATUS

	Lunch status								
	Overall			Free or reduced			Full paid		
	97-98	06-07	07-08	97-98	06-07	07-08	97-98	06-07	07-08
If you are sick, where do you usually see your doctor or nurse?									
I do not have a regular doctor or nurse	8	7	6	9	7	6	3	6	6
Doctor's office	59	61	60	53	60	59	82	70	67
Community health clinic	16	17	18	19	18	19	6	12	13
Emergency room/hospital	8	7	8	10	7	9	3	6	4
Other health care facility	8	7	8	9	7	7	6	7	10
During the past week, on how many days did you eat breakfast?									
0 days	22	22	22	26	23	22	11	16	18
1-2 days	20	26	27	19	26	27	23	29	23
3-4 days	14	13	13	15	14	12	11	3	18
5-6 days	8	9	5	8	8	5	7	9	1
Everyday	37	30	34	33	28	33	47	42	39
Think about all the meals and snacks you ate yesterday. How many servings of vegetables/fruits did you eat yesterday?									
I did not eat any yesterday	22	21	24	24	23	25	13	8	17
1 or 2 servings	43	50	45	44	49	46	39	52	41
3 or 4 servings	23	22	22	20	21	21	33	30	30
5 or more servings	12	7	9	11	7	8	15	9	13
How many hours of sleep do you get on a typical school night?									
5 hours or less	11	11	12	12	11	12	5	9	11
6 hours	14	12	14	15	12	15	10	13	9
7 hours	20	21	22	19	22	23	24	19	21
8 hours	31	35	31	30	34	31	31	39	37
9 or more hours	25	22	20	24	22	19	29	20	21

Note: This table can be disaggregated by gender or ethnicity.